



Carol R. Montoya: Sensei Montoya holds a 7th Dan in Shorin Ryu Karate. She is a member of the US Association of Martial Artists and the International Karate Kobudo Federation. Mrs. Montoya began her training with Sensei James Hawkes in 1984. Mrs. Montoya has competed in numerous tournaments in Kata, Sparring & Weapons and is currently an instructor for students in the dojo's executive group. She has been actively involved in karate for over thirty years advancing through the ranks during personal adversity. In 1988 and 1989, Mrs. Montoya suffered a series of strokes, which incapacitated her for a time. She returned to karate after physical therapy where she had to re-learn katas, weapons and numerous fighting techniques. With patience and perseverance, and plenty of help from other students and instructors, she successfully continued to train. In 2006, she developed a throat infection in which she required hospitalization, resulting in pneumonia and a collapsed lung, and she needed an emergency tracheotomy. This necessitated doctors to place her in a controlled coma for two weeks to enable her to heal. Once again faced with a challenge, Mrs. Montoya returned to karate and was able to continue her training. Two years later Sensei James Hawkes bestowed the "Bushido Award" and "Japanese Warrior" statue to Mrs. Montoya for her tenacity and perseverance. She is an inspirational role model for all at Jim Hawkes Karate.